

**KNOWLEDGE AND ATTITUDE ON SEXUAL
AND REPRODUCTIVE HEALTH AMONG
FOUNDATIONS STUDENTS IN UCSI
UNIVERSITY**

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Abstract

The purpose of this cross sectional study was to examine the attitude and knowledge on sexual and reproductive health, as well as the knowledge of STD and HIV/AIDS among UCSI foundation students in four different programmes, including Foundation in Arts, Foundation in Science, Foundation in Architecture, and Foundation in Music. In this study, 160 samples were given out to four foundation programmes students with each programme receiving 40 samples. However, only 128 data were collected back from the students. Respondents were assessed using questionnaire and the demographic data were collected. Results revealed that majority, 77.8% of the total respondents have sound knowledge of sexual and reproductive health. Of these 81.9% of the total respondents provided correct knowledge on sexual transmitted diseases (STDs) and HIV/AIDS. However, sound knowledge did not correlate positive attitude. Results revealed that as average (68.2%) of the respondents have positive attitude on sexual and reproductive health. As a result, data from this study revealed that sound sexual knowledge among young adults might be irrelevant to positive attitude on sexual and reproductive health. Therefore, for sexual health, it is strongly suggested that young adults learn to be responsible for their self-behaviors and attitudes and have correct knowledge of their self-understandings and evaluations about sexual and reproductive health. As conclusion, schools and public should strengthen and promote the education of safe sex behavior programs and take action on AIDS prevention before teens become sexually active.