## SURVEY ON THE KNOWLEDGE AND CONSUMPTION OF HONEY AND BEE PRODUCTS AMONG MALAYSIAN IN TAY HUP BROTHERS CONSTRUCTION SDN. BHD.

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## **ABSTRACT**

Honey is known for its many health benefits properties. This study has been conducted to find out the knowledge and consumption pattern of honey among Malaysian workers in the Tay Hup Brothers Sdn Bhd. Most of the participants were male (n=43) and majority of the participants were Chinese (n=48). The results obtained from this study showed that only 18 (35%) of the participants consumed honey and health benefits was the most considered factor when consuming (60%) and purchasing honey (46%). Most of the participants have been drinking honey for more than 3 years (39%) and usually consume it with plain water (67%). The participants also do not consume honey at any specific time (50%). The overall mean score of participants for the knowledge on honey is  $4.69 \pm 2.92$ ; implying that most of the participants have a poor knowledge on honey. The results also showed a negative correlation between the knowledge levels on honey with age range (p=0.023). There were no significant different between the knowledge level on honey with genders although female participants scored higher mean score  $(5.6 \pm 2.7)$  than male participants. However, there was a significant different between the knowledge level on honey with education level (P=0.026) and between knowledge on honey among honey consumers and non-honey consumers (P=0.01).

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