

YourSport...

> SPORTCHECK

Saw a cut above her rivals

By S. Solomon Samuel
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SAW Yi Yin's active involvement in basketball has led to her gaining a cutting edge in other sports.

Versatile and talented, the Negri Sembilan athlete would not hesitate to don the colours of other states to see action.

For example, in the Malaysia Games last June, Yi Yin represented Malacca in basketball after her home state, Negri, failed to field a team.

The University College Sedaya International (UCSI) student helped Malacca to third place in basketball at the MABA Stadium.

And in 2009, Yi Yin had powered Seremban to the Sukan Negeri Sembilan (Skunnes) women's title in basketball.

A fast learner, Yi Yin had learnt netball a year earlier and gone on to coach her school – the SMK Chan Wa's team for the MSSD North Seremban meet.

A regular basketball player and athlete for the past 10 years, she overshadowed rivals with her speed,

agility and height.

She has also stamped her mark in track and field, emerging as the Best Overall Athlete at the North Seremban District Schools Sports Council athletics championships.

Another event that Yi Yin has excelled in is the high jump. She was the champion in this event at the Negri Sembilan Schools meet in 2005 and 2006.

In 2005, when she was only 14, she won gold medals and broke records in the 800 metres with a time of 2:55.92s which erased the previous mark of 2:56.4s, 1,500 metres, 6:14.87 (6:14.91s), high jump 1.44m (1.36m) and 4 x 400 relay 5:03.38 (5:06.6s).

A year later, Yi Yin rewrote her own records in the 800m with 2:51.37s, which bettered her old mark of 2:55.93s, 1,500m 6:03.56s (6:14.87s) and the high jump 1.45m (1.44m).

The 20-year-old said: "The key to my success is playing basketball throughout the year to keep up my fitness level."

"My mother (Diana Chen Nyuk

AT A GLANCE

Name: Saw Yi Yin
Birthdate: Sept 1, 1991
Hometown: Seremban
Height: 1.70m
Weight: 58kg
Hobby: Internet
Likes: Blue colour
Dislikes: Smokers
Schools: SJKC Chung Chien, Kuantan (1998), SJKC Chung Hwa (1999-2003) Kota Bahru, SMK Chan Wa Seremban (2004-2008), UCSI (2009-2011)
Coach: Diana Chen

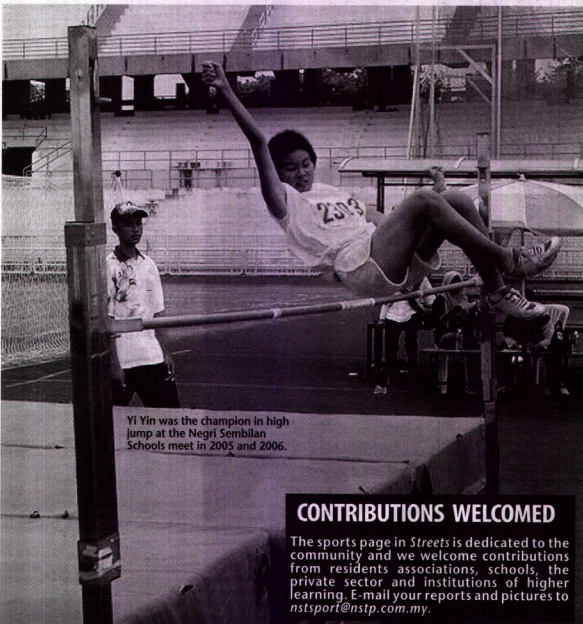
Meng) ensures I get enough sleep and food to sustain me during matches so that I can excel not only in basketball but also in athletics."

"I love sports because it is the best way to be with my friends after the long hours at college."

"My ultimate aim is to break into the national women's team one day," she said.



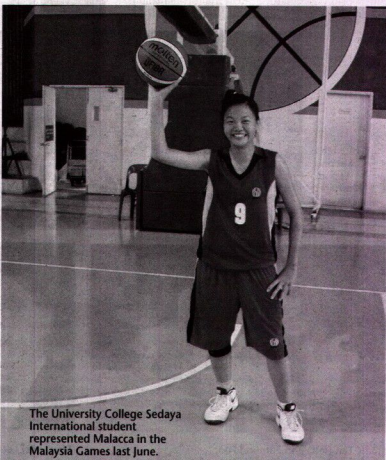
Yi Yin sets the record in the Girls' Under-15 800m.



Yi Yin was the champion in high jump at the Negri Sembilan Schools meet in 2005 and 2006.

CONTRIBUTIONS WELCOMED

The sports page in *Streets* is dedicated to the community and we welcome contributions from residents associations, schools, the private sector and institutions of higher learning. E-mail your reports and pictures to nstsport@nstp.com.my.



The University College Sedaya International student represented Malacca in the Malaysia Games last June.